

| Unit title | | Unit Number |
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| Consultation Skills & Consent in HA Dermal Filler Administration | | 1F (M/617/5325) |
| Learning Outcome - The learner will: | Indicative Content | |
| 1 | Establish rapport with patients | Respectful of social, cultural linguistic considerations; explores the purpose of the consultation (patient & clinician perspectives); puts the patient at ease: body language; physical comfort; use of appropriate language; verbal and non-verbal communication and interpersonal skills. |
| 2 | Present a professional approach to managing patients and their expectations | Adheres to legislation, guidelines, organisational policies and protocols and relevant codes of conduct; works within own area of competence and demonstrates honesty and transparency re scope of practice; demonstrates positive professional appearance; demonstrates professional attitude, presentation and organisation; refer on appropriately, concerns e.g. body dysmorphia, depression, skin lesions; documentation & storage of health records & GDPR/privacy/data protection regulations; uses personal protective clothing and additional protective equipment. |
| 3 | Assess patient capacity to provide valid consent for treatment | Determine patient's competency to understand the process; their capacity to provide valid consent; no external influences (coercion, drugs, alcohol etc.) using recognised guidelines. |
| 4 | Undertake consultation including full medical, family & social histories | Patient concerns, expectations and desired outcomes; current medication - prescribed & over the counter medications, supplements etc; allergies; lifestyle choices (including relevant intrinsic and extrinsic factors and social/occupational activities which may impact outcomes); pregnancy/breastfeeding status; age, general and specific medical and family history of relevance; planned surgeries/other treatments; psycho-social history and reasons for seeking procedure; previous aesthetic experiences/reactions; use appropriate skin assessment tools (e.g. Glogau, Fitzpatrick) to undertake assessment of the skin to be treated and its ageing status; the need for additional information from other clinicians and how to obtain this. |

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| 5 | Discuss with a patient the rationale for Dermal Filler treatment and other options | Rationale for and cost of treatment and other options / available alternatives; recognising when treatment is inappropriate or not a 'best-interest' option; advises on the effectiveness of treatment options in relation to the evidence base; risks, limitations and benefits of the treatment; management of risks; likely follow-up interventions and intervals to maintain outcome; pain management and pre, during and aftercare requirements; required pre-treatment procedures; treatment duration and required frequency for maintenance (including costs); confirming patient's knowledge and understanding of the procedure; provide additional information (verbal and written) where required; provide general skin and health advice; legislation of the acquisition of medication/medical treatment device; how to decline treatment. |
| 6 | Gain informed and valid consent from the patient for Dermal Filler treatment | Obtain and document written consent; ensure the provision of a cool-off period prior to administration of treatment; documenting permission for pre- and post-photograph storage; permission or refusal for use of photographs/videos for promotional activities/educational purposes. |

| Unit title | | Unit Number |
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| Anatomy, Physiology & Assessment of the Ageing Face in HA Dermal Filler Administration | | 2F (K/617/5324) |
| Learning Outcome - The learner will: | Indicative content: | |
| 1 | Understand facial anatomy and physiology | The facial* muscles and facial muscle vectors, i.e. zygomatic major, zygomatic minor, orbicularis oculi, frontalis, procerus, depressor supercilli; the facial* vasculature; facial* artery & its branches; facial* nerves & branches; facial* fat compartments; blood supply. (*including the neck, where applicable) |
| 2 | Understand anatomy and physiology of the skin | Structure of the skin: epidermis, dermis and hypodermis; function of the skin: layer dependent; thermos-regulation, UV protection, physical barrier, tensile strength, sensation, visco-elasticity and compressive quality; how facial muscles attach to the skin (SMAS); impact of facial expression on appearance; impact on appearance of dermatological condition, e.g. pigmentary lesions, acne, autoimmune conditions, dermatitis, psoriasis, rosacea, drug eruptions and scarring. |

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| 3 | Understand the ageing process of the skin and the resultant changes in appearance | Intrinsic & extrinsic factors contributing to skin ageing; lifestyle factors impacting upon skin health & aesthetic appearance; consideration of facial ageing status and severity, including bone density and muscle changes, folds & lines, volume loss; causation of rhytides; impact of slower cell production and loss of elasticity; adipose changes; skincare and its importance in facial health/aesthetic. |
| 4 | Understand contra-indications and contra-actions that affect treatment | Ability to undertake a skin analysis and identify abnormal findings; contraindications of HA Dermal Filler; knowledge of referral pathways for abnormal findings and/or issues beyond the practitioners existing scope of practice; common skin reactions and rarer complications associated with treatment. |
| 5 | Research and review information on aesthetic solutions that inform best practice in Dermal Filler treatment | Best practice in the administration of HA Dermal Filler treatment; ways of addressing common challenges faced by practitioners; use a range of research methodologies; consult a range of sources of information and evidence within own field and scope of practice, including guidance as published by relevant Professional Statutory Regulatory Bodies, e.g. JCCP, CPSA etc. |

| Unit title | | Unit Number |
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| Pharmacology in HA Dermal Filler Administration | | 3F (H/617/5323) |
| Learning Outcome - The learner will: | Indicative content: | |
| 1 | Understand the mode of action of Dermal Fillers | Identification of different types of fillers, e.g. permanent, semi-permanent and temporary; naturally occurring HA and its location in tissue and skin; role of HA (nutrient transport, hydration and cushioning and lubricating agent); the HA Dermal Filler mode of action e.g. action of hyaluronic acid (HA) to fill in lines and wrinkles, restore volume, strengthen skin, restore elasticity; duration of effects. |

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| 2 | Understand the use of HA Dermal Filler | The structure of HA Dermal Filler; elasticity ('G-force'); HA preparation and cross-linking; lift capacity; monophasic, free and biphasic HAs; cohesivity, concentration and viscosity; factors affecting clinical outcomes (including the unique biochemistry and metabolism of patient); areas for treatment: product selection; appropriate doses; injection techniques, needle and cannula techniques; linear thread and serial puncture; cross-hatching, fanning etc; needle placement, pressure and depth; pain management; safe storage and disposal of products and equipment; management of spillages/excess administration. |
| 3 | Understand legislation and operational policies in the administration of HA Dermal Filler | Legislation pertaining to the acquisition and use of HA filler; insurance and use of regulated products; recognition of own scope of practice; guidance as published by relevant Professional Statutory Regulatory Bodies, e.g. JCCP, CPSA etc, including legislation and controls impacting cosmetic practice, commercial aspects of practice, confidentiality and generic legislation relevant to all healthcare professionals. |
| 4 | Understand the contraindications, risks and adverse effects associated with HA Dermal Filler administration and how to address them | Contraindications of treatment; risks associated with the common treatment areas; pain, prolonged blanching; vascular complications; infection; granuloma; migration; bruising and ecchymosis, swelling, puffiness; allergic reaction and anaphylactic reaction; herpes simplex; hyaluronidase; facial asymmetry; emergency reconstitution; ways to address common and non-routine adverse effects; follow-up appointments. |

| Unit title | | Unit Number |
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| The Safe Administration of HA Dermal Filler | | 4F (D/617/5322) |
| Learning Outcome - The learner will: | Indicative content: | |
| 1 | Assess a patient and construct a treatment plan for the administration of HA Dermal Filler | Conduct full consultation (refer to Unit 1 Consultation Skills and Consent) Assessment of patient, taking into account (1) facial shape, (2) proportions, (3) skin folds; use of suitable assessment tools for the aging face; use of clinical expertise, knowledge and |

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| | | <p>understanding of facial anatomy and physiology of the skin and aging face; muscles, nerves, vasculature; treatment indications in the nasolabial folds, melolabial folds, upper lip lines and other areas with fine facial lines; ability to make appropriate clinical decisions and establish a clear treatment plan for patient's face shape, proportions, skin folds; enable onward referral where required; determine costs and constraints.</p> |
| 2 | <p>Agree a treatment plan for the administration of HA Dermal Filler</p> | <p>Share treatment plan; gain valid and informed consent; signing of necessary waivers and disclaimer documentation; share and agree costs, treatment expectations / limitations; achievable results. Indications and contraindications for topical anaesthesia; complications and risks; requirements for after-care and continuity of care. Obtain and share pre-treatment photos with the patient (profile, oblique, lateral; patient's range of facial expressions); record care plan discussions.</p> |
| 3 | <p>Safely administer HA Dermal Filler</p> | <p>Demonstrate a professional approach in the role; adhere to legislation, guidelines, organisational policies and protocols and relevant codes of conduct; work within own area of competence; seek advice where appropriate; demonstrate positive appearance, attitude, presentation and organisation; use personal protective clothing and equipment. Identify appropriate product(s) based on assessment of the patient; gather and prepare necessary products and equipment for the procedure; use of clean and sterile techniques; prepare the environment and patient for the procedure; apply standard precautions for infection prevention and control when preparing for the procedure. Apply knowledge of injection techniques for the administration – bolus, blanching, fanning, cross-hatching, cannula vs needle choices and select the most appropriate device; administration of the chosen medical device – depth of placement, angle, dose, injection technique, site; continual re-evaluation of effects as they unfold; check for capillary refill and adverse effects during and immediately after post-procedure; take appropriate action to minimise discomfort; recognise undesirable outcomes and their causes – asymmetry, bruising, swelling, vessel occlusion, allergy, necrosis, granuloma, Tyndall effect, infection, where device placement is too superficial or too deep; ability to</p> |

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| | | address adverse effects; knowledge of reversal procedures, emergency use of hyalase, it's reconstitution and skin testing; knowledge of reporting adverse incidents; respond appropriately to emergency situations (allergy, anaphylaxis, arterial puncture etc). |
| 4 | Safely carry out post-administration procedures | Provide post-treatment advice and after care; provide follow up instructions (including when, why and how to contact the practitioner or other appropriate sources of advice and treatment); obtain and share post-treatment photos with the patient (profile, oblique, lateral; patient's range of facial expressions); respond to any adverse reactions safely and professionally; onward referral where necessary; apply standard precautions for infection prevention and control post-procedure; dispose of clinical waste items safely; document all relevant information (expiry, lot, volumes, placement areas, injection techniques and equipment used, timed, dated, signed, printed, PIN) in accordance with professional standards and legislation. |
| 5 | Maintain professional role and professional accountability in aesthetic practice | Practitioners' responsibilities and accountability in relation to current legislation, national guidelines and local policies and protocols; working within own areas of competence and accountability to the patient, organisation and the public; when and how to seek advice when faced with situations outside your area of competence; extent of the action you can take, justification of actions taken, information you can give in relation to clinical issues; appearance and presentation, attitude and organisation; relevant codes of conduct; legislation regarding data protection, sharp instruments; patient rights; maintaining CPD in own areas of practice; application of research to inform best practice. |