

Unit title		Unit Number
Consultation Skills & Consent in Botulinum Toxin A		1B (Y/617/5321)
Learning Outcome - The learner will:	Indicative Content	
1	Establish rapport with patients	Respectful of social, cultural linguistic considerations; explores the purpose of the consultation (patient & clinician perspectives); puts the patient at ease: body language; physical comfort; use of appropriate language; verbal and non-verbal communication and interpersonal skills.
2	Present a professional approach to managing patients and their expectations	Adheres to legislation, guidelines, organisational policies and protocols and relevant codes of conduct; works within own area of competence and demonstrates honesty and transparency re scope of practice; demonstrates positive professional appearance; demonstrates professional attitude, presentation and organisation; refer on appropriately, concerns e.g. body dysmorphia, depression, skin lesions; documentation & storage of health records & GDPR/privacy/data protection regulations; uses personal protective clothing and additional protective equipment.
3	Assess patient capacity to provide valid consent for treatment	Determine patient's competency to understand the process; their capacity to provide valid consent; no external influences (coercion, drugs, alcohol etc.) using recognised guidelines.
4	Undertake consultation including full medical, family & social histories	Patient concerns, expectations and desired outcomes; current medication - prescribed & over the counter medications, supplements etc; allergies; lifestyle choices (including relevant intrinsic and extrinsic factors and social/occupational activities which may impact outcomes); pregnancy/breastfeeding status; age, general and specific medical and family history of relevance; planned surgeries/other treatments; psycho-social history and reasons for seeking procedure; previous aesthetic experiences/reactions; use appropriate skin assessment tools (e.g. Glogau, Fitzpatrick) to undertake assessment of the skin to be treated and its ageing status; the need for additional information from other clinicians and how to obtain this.

5	Discuss with patients the rationale for Botulinum Toxin A treatment and other options	Rationale for and cost of treatment and other options / available alternatives; recognising when treatment is inappropriate or not a 'best-interest' option; advises on the effectiveness of treatment options in relation to the evidence base; risks, limitations and benefits of the treatment; management of risks; likely follow-up interventions and intervals to maintain outcome; pain management and pre, during and aftercare requirements; required pre-treatment procedures; treatment duration and required frequency for maintenance (including costs); confirming patient's knowledge and understanding of the procedure; provide additional information (verbal and written) where required; provide general skin and health advice; legislation of the acquisition of medication/medical treatment device; how to decline treatment.
6	Gain informed and valid consent from the patient for Botulinum Toxin A treatment	Obtain and document written consent; ensure the provision of a cool-off period prior to administration of treatment; documenting permission for pre- and post-photograph storage; permission or refusal for use of photographs/videos for promotional activities/educational purposes.

Unit title		Unit Number
Anatomy, Physiology & Assessment of the Ageing Face in Botulinum Toxin A		2B (R/617/5320)
Learning Outcome - The learner will:		Indicative content:
1	Understand facial anatomy and physiology	The facial* muscles and facial muscle vectors, i.e. zygomatic major, zygomatic minor, orbicularis oculi, frontalis, procerus, depressor supercilli; the facial* vasculature; facial* artery & its branches; facial* nerves & branches; facial* fat compartments; blood supply. (*including the neck, where applicable)
2	Understand anatomy and physiology of the skin	Structure of the skin: epidermis, dermis and hypodermis; function of the skin: layer dependent; thermos-regulation, UV protection, physical barrier, tensile strength, sensation, visco-elasticity

		and compressive quality; how facial muscles attach to the skin (SMAS); impact of facial expression on appearance; impact on appearance of dermatological condition, e.g. pigmentary lesions, acne, autoimmune conditions, dermatitis, psoriasis, rosacea, drug eruptions and scarring.
3	Understand the ageing process of the skin and the resultant changes in appearance	Intrinsic & extrinsic factors contributing to skin ageing; lifestyle factors impacting upon skin health & aesthetic appearance; consideration of facial ageing status and severity, including bone density and muscle changes, folds & lines, volume loss; causation of rhytides; impact of slower cell production and loss of elasticity; adipose changes; skincare and its importance in facial health/aesthetic.
4	Understand contra-indications and contra-actions that affect treatment	Ability to undertake a skin analysis and identify abnormal findings; contraindications of Botox; knowledge of referral pathways for abnormal findings and/or issues beyond the practitioners existing scope of practice; common skin reactions and rarer complications associated with treatment.
5	Research and review information on aesthetic solutions that inform best practice in Botulinum Toxin A treatment	Best practice in the administration of Botulinum Toxin A treatment; ways of addressing common challenges faced by practitioners; use a range of research methodologies; consult a range of sources of information and evidence within own field and scope of practice, including guidance as published by relevant Professional Statutory Regulatory Bodies, e.g. JCCP, CPSA etc.

Unit title		Unit Number
Pharmacology in Botulinum Toxin A Administration		3B (D/617/5319)
Learning Outcome - The learner will:	Indicative content:	
1	Understand the mode of action of Botulinum Toxin A	The Botulinum toxin mode of action and neuromuscular synaptic transmission: e.g. binding, internalization, blocking, sprouting and re-establishment of sprouts; enzyme activation, depolarisation, neuro-transmitters, synaptic machinery/proteins
2	Understand different Botulinum Toxin A medications and devices	The structure of Botulinum Toxins; indications; Summary of Product Characteristics documentation; safe storage, preparation and reconstitution, dilution and concentration, appropriate dose range, syringe preparation; needle placement and depth; safe disposal of products and equipment; management of spillages/excess administration; biochemistry of devices and interactions with the skin; excipients in relation to allergies/dietary restrictions.
3	Understand legislation and operational policies in the administration of Botulinum Toxin A	Legislation pertaining to the acquisition and use of the medication/devices; recognition of own scope of practice; role and responsibilities of a prescriber; administering Botulinum Toxin A as prescribed; unlicensed use of medicines/devices (including the appropriate defensible decision-making,); guidance as published by relevant Professional Statutory Regulatory Bodies, e.g. JCCP, CPSA etc.
4	Understand the contraindications, risks and adverse effects associated with botulinum toxin A administration and how to address them	Contraindications of treatment; risks associated with the common treatment areas; infection, bruising/swelling, ecchymosis, surface or periorbital oedema, facial paresis or asymmetry, ptosis, dry eyes and/or mouth, difficulty swallowing or speaking, allergic reactions and anaphylactic reaction; ways to address common and non-routine adverse effects; follow-up appointments.

Unit title		Unit Number
The Safe Administration of Botulinum Toxin A		4B (Y/617/5318)
Learning Outcome - The learner will:	Indicative content:	
1	Assess a patient and construct a treatment plan for the administration of Botulinum Toxin A	Conduct full consultation (refer to Unit 1 Consultation Skills and Consent). Assessment of patient; use of suitable assessment tools for facial rhytides; use of clinical expertise, knowledge and understanding of the facial muscles of expression and facial rhytides; application of the knowledge of the facial muscles of expression: frontalis, procerus, depressor supercilli, depressor angularis oris, zygomatic major, zygomatic minor and orbicularis oculi, narrowing / atrophy; nasal scrunch and flare; platysmal bands, nasalis / upper lip; treatment indications in the glabellar, eye area (crow's feet) and forehead muscles and lines, lower lid, upper lid, ability to make appropriate clinical decisions and establish a clear treatment plan; enable onward referral where required; determine costs and constraints.
2	Agree a treatment plan for the administration of Botulinum Toxin A	Share treatment plan; gain valid and informed consent; signing of necessary waivers and disclaimer documentation; share and agree costs, treatment expectations / limitations; achievable results and timeframes; indications and contraindications for topical anaesthesia; complications and risks; requirements for after-care and continuity of care. Obtain and share pre-treatment photos with the patient (profile, oblique, lateral; patient's range of facial expressions); record care plan discussions.
3	Safely administer Botulinum Toxin A	Demonstrate a professional approach in the role; adhere to legislation, guidelines, organisational policies and protocols and relevant codes of conduct; work within own area of competence; seek advice where appropriate; demonstrate positive appearance, attitude, presentation and organisation; use personal protective clothing and equipment, gather and prepare necessary products and equipment for the procedure (including safe syringe

		preparation); use of clean and sterile techniques; prepare the environment and patient for the procedure; apply standard precautions for infection prevention and control when preparing for and administering the procedure; apply knowledge to mark-up injection points; maintain safe margins; reconstitution of toxin in adherence with guidelines; administer the reconstituted toxin – depth, angle, dose; individualised adjustment as required; appropriate injection techniques in relation to skin breaches / tethering or anchoring / skin to needle time; check for adverse effects during and immediately post-procedure; take appropriate action to minimise discomfort; manage the reconstituted toxin safely – storage and dealing with toxin spillages and clinical waste safely; respond appropriately to emergency situations (allergy, anaphylaxis, arterial puncture etc).
4	Safely carry out post-administration procedures	Provide post-treatment advice and after care; risk mitigation and communicating expected outcomes; provide necessary post-treatment medicines / equipment; provide follow up instructions and interim strategies (including prompt reporting of adverse effects; when, why and how to contact the practitioner or other appropriate sources of advice and treatment); follow-up appointments; obtain and share post-treatment photos with the patient (profile, oblique, lateral; patient's range of facial expressions); apply standard precautions for infection prevention and control post-procedure; respond to any adverse reactions safely and professionally; onward referral where necessary; dispose of toxin and clinical waste items safely; document all relevant information (expiry, lot, diluent, date reconstituted, timed, dated, signed, printed, PIN) in accordance with professional standards and legislation; reporting of adverse incidents; contact patient's GP if appropriate, recognise undesirable outcomes and their causes – asymmetry, lid ptosis, ectropion, dry eye, malar oedema, diplopia, brow heaviness / drop, mouth drop, other complications; respond to any adverse reactions safely and professionally.
5	Maintain professional role and professional accountability in aesthetic practice	Practitioners' responsibilities and accountability in relation to current legislation, national guidelines and local policies and protocols; working within own areas of competence and

		<p>accountability to the patient, organisation and the public; when and how to seek advice when faced with situations outside your area of competence; extent of the action you can take, justification of actions taken, information you can give in relation to clinical issues; appearance and presentation, attitude and organisation; relevant codes of conduct; legislation regarding data protection, sharp instruments; patient rights; maintaining CPD in own areas of practice; application of research to inform best practice.</p>
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